**Volunteers needed for Hopeful Hampers Food Bank**

Hopeful Hampers is a small foodbank in Bridport set up to respond to requests from recognised agencies; it is different to, but complements the help provided by Cupboard Love and the Community Fridge/Glut Stall.

The requests for help are sent to us by email from CAB, various schools, the Health Centre etc. to which we respond online as soon as possible.

We are currently a very small team and need more volunteers to help, especially when people are away. It would normally take a couple of hours of your time each week and we could talk to you about which of the following you would be willing to do.

We currently:

* Sort the food delivered to Good Books – checking dates, identifying whether it’s suitable for individuals/ families etc. and putting it on the shelves.
* Provide food to the Glut Stall if we have surplus, out of date or unsuitable food available (delivered early Thursday morning to St Swithuns Church)
* Provide Dry Bags for agencies to hold in their offices - usually within 5 days of receiving the request.
* Assemble emergency food bags from our stock and buy fresh food using money from our funds and deliver locally – usually the same day or with 24 hrs of the receiving the request.
* Collect food from our donation basket in the Co-op and deliver to our Good Books store.

For more information email [Bridporthh@gmail.com](mailto:Bridporthh@gmail.com) or text Chris on 07711267518 who will then phone you back.

*(Hopeful Hampers is part of Bridport Pathways to Care, which is a registered a Charity)*